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Karate Association of Ontario
First KAO Karate Symposium

KAO is organizing First Karate Symposium

Saturday, June 7, 2008

in conjunction with

Toronto Open (international karate tournament) on June 8, 2008

under the working title:

“Sport Karate Influences on (understanding of) Traditional Karate Training”

Organizational Committee

(to approve submissions and publication of works) :

Sensei Masami Tsuruoka, Honorary Chairman

Dragan Kljenak, KAO President, Coordinator

Dr. Milorad Stricevic, MD, Moderator

Sensei Shane Higashi, NKA Technical Committee, Advisor

Zvonko Celebija ,WKF Referee, Advisor

Timothy Suzuki, Coaching Advisor

Special Advisor to KAO President: Sensei Takemasa Okuyama

The main idea of Symposium is to attract research articles and other original works in the field of karate training and teaching from Instructors, Coaches, MDs, etc., close to our organization and karate community at large in order to improve theory as well as practice of karate training.

We truly hope that this may bring new era to development of karate within Karate Association of Ontario.

Symposium Program

8:45- 9:15	Registration (may be in advance)
9:30	Welcoming Remarks and Greetings
9:35-10:00	Speaker 1
10:00-10:30	Speaker 2
10:30-11:00	Speaker 3
11:00-11:30	Speaker 4
11:30-12:00	Speaker 5
12:30- 1:00	Break
1:00- 1:30	Speaker 6
1:30- 2:00	Speaker 7
2:30- 2:30	Speaker 8
3:00- 4:30	Round Table Discussion
4:30	Closing Remarks

If there is larger response than planned (eight speakers) time allocation and durations of presentation may be limited to 20 minutes to allow for four more speakers/titles presented (totaling 12).

Some accepted works may be presented in a form of prearranged exhibition panels in case that presenter cannot be present at symposium.

We will provide adequate space with audio-visual equipment that will have possibility of PowerPoint presentation and projections.

**Anticipated number of participants is 30.
Lunch will be provided on site.**

Accepted presentations will be published prior to Symposium and given to participants as a part of Symposium package:

- *Certificate of Participation**
- *Symposium Publication/Manual**
- *Special Ticket to Toronto Open 2008**
- *Official TO08 T-shirt**

Theme:

“Sport Karate Influences on (understanding of) Traditional Karate Training”

is intended to attract articles and research papers that deal with three major aspects of Karate training:

1. Methodology of training
2. Physiology of training
3. Psychology of training

It will be realistic to expect that most of the submitted papers will deal with the first aspect of training: Methodology of karate training with further reference to a specific sub-aspects of Kihon, Kata and Kumite .

Relation between “Karate” and “Sport of Karate” is probably the most attractive and the most controversial...We may have some submissions that will have potential impact on perception of sport and competition.

Works that cover Physiology and Psychology of training will probably be few: we do not have many qualified MD's or Psychologists that are specifically researching Karate in Canada.

Since Long Term Athlete Development (LTAD) is very actual in Canadian Karate right now we may well expect papers that will cover this area. Many Karate Coaches are now preparing to adopt principles required by Sport Canada in this respect so work in this area may be extensive.

Since this is a very first attempt in Ontario to organize such a gathering where questioning of certain traditional concepts and open discussion will occur role of a experienced Moderator is important. Dr. Milorad Stricevic, MD, renown author and karate researcher will have this important role.

The article submission format and presentation details as well as venue address will be announced on our web site :

www.karateontario.org

I am available to you by email info@karateontario.org or by calling my personal number **905.274.7852**.

Dragan Kljenak
President KAO

